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# Harvest Church

# ONEPAGE

**OnePage** is the NEW publication of Harvest Church! This will be our mid-month publication that will contain Pastor Ralph's messages you have been used to seeing in the "newsletter." On the back you will find information on upcoming events and spotlight features. "May the Lord bless you and protect you. May the Lord smile on you and be gracious to you. May the Lord show you His favor and give you His peace." (Num 6:24-26)

[www.harvestdothan.com](http://www.harvestdothan.com)



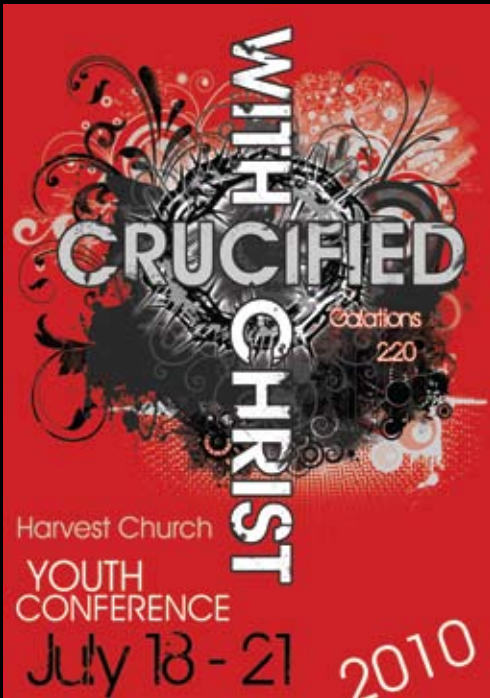
**W**hen he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, "The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field." (Matthew 9:36-38)

That phrase, "harassed and helpless," really applies to so many people. It seems that so many are burning the candle at both ends. There are so many demands on our time and so many pressures. People feel under stress financially, relationally, in their jobs and schools, in their families, marriages, et cetera. A lot of us will be taking some time off during the summer, and we look forward to some time of peace and rest. Unfortunately, many times we return from vacation more exhausted and worn out than we were before we went on vacation. Jesus' invitation for us to enter into His rest and find peace is very appealing to most of us! The Lord showed me a wonderful truth in a profound way recently that relates to this. Each year as we approach our Spiritual Life Conference, we encourage everyone to set aside time to be at all of the five main services. I warn everyone that if they do this, they will be tired on Wednesday night, but it will be worth it.

On Tuesday night of the Conference this year, I was physically exhausted, having gone non-stop in various meetings, counseling sessions and preparing for the lunch and evening sessions. But even though my body was tired, I was refreshed and recharged spiritually, mentally and emotionally. I mentioned this to someone, and they said they felt the same way. This experience prompted me to start thinking that it is really not that hard to rest physically, but how hard is it to get charged up spiritually, emotionally, and mentally? Most vacations do not address all of these needs. Many people never find that type of multi-faceted, deep refreshing. I have also noticed that the people who seem the least stressed and worn out are those who walk the closest to God. I think there is a principle here. It is Jesus who gives us rest and refreshment on the deepest levels. He is the one who can re-energize us in the deepest and most significant ways. When I consider that, I am reminded that I cannot afford not to spend time with Him. I cannot afford to miss worship and fellowship. If I am not being refreshed by Him, no amount of time off can do it for me.

# ONE PAGE

JUNE



**Wired 2010 – June 27- July 2** – It’s summer! Are you wired for it? Spend a week with other Youth groups from around Dothan serving in local missions. Whether it’s construction, visiting the elderly, VBS or sports camps – you will have a blast serving the Lord plus great ministry times every evening. \*All WIRED balances are Now Due; contact Jeff for your account balance.

The youth ministry is in need of “empty” shoe boxes. Please drop them off at the church office by July 11. You may also leave them at the information desk.

Coming Soon



Summer is here and it is time to bring out the summer clothes! While we have a casual dress atmosphere here at Harvest, please remember that MODESTY is not only pleasing to the Lord, but something the Lord expects from us. (1 Timothy 2:9). Thank you for helping us glorify the Lord in all we say and do *and wear*.



Attendance			
June 6, 2010	8:45am	10:45am	Total
	875	683	1558
June 13, 2010	8:45am	10:45am	Total
	814	801	1615